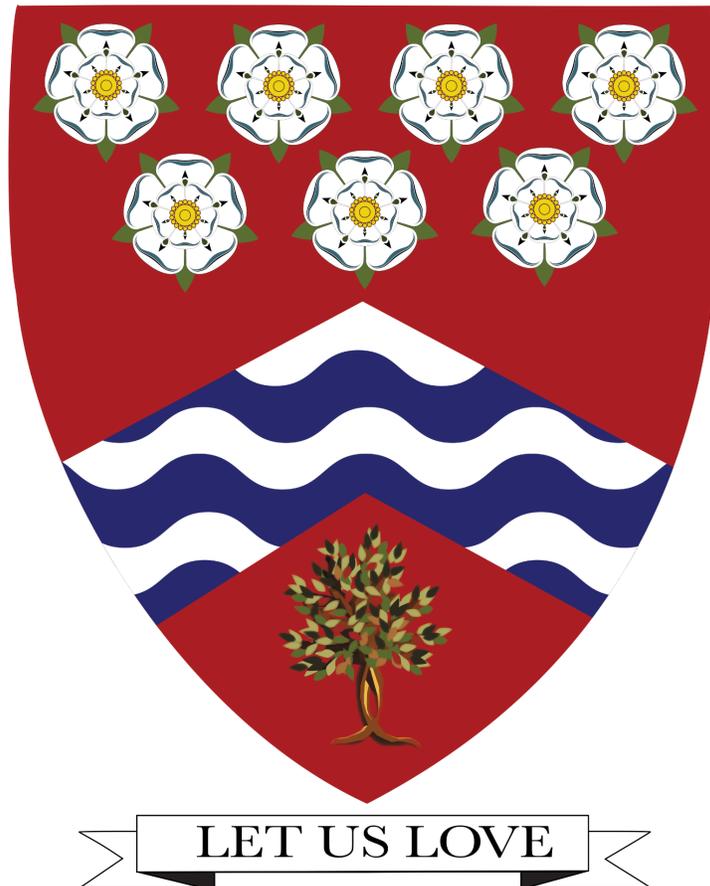


Church of the Little Flower
Berkeley Heights, NJ



Third Sunday of Lent
March 7-8, 2026

Entrance Hymn

BE THOU MY VISION

SLANE



1. Be Thou my vi - sion, O Lord of my heart;
2. Be Thou my wis - dom, and Thou my true word;
3. Rich - es I heed not, or man's emp - ty praise,
4. High King of heav - en, my vic - to - ry won,



1. Naught be all else to me, save that Thou art:
2. I ev - er with Thee and Thou with me, Lord:
3. Thou mine in - her - i - tance, now and al - ways:
4. May I reach heav - en's joys, O bright heav'n's Sun!



1. Thou my best thought, — by day or by night,
2. Thou my great Fa - ther, I Thy true son,
3. Thou and Thou on - ly, first in my heart,
4. Heart of my own heart, what - ev - er be - fall,



1. Wak - ing or sleep - ing, Thy pres - ence my light.
2. Thou in me dwell - ing, and I with Thee one.
3. High King of heav - en, my trea - sure Thou art.
4. Still be my vi - sion, O Rul - er of all.

Text: 10 10 10 10; Ancient Irish; tr. by Mary E. Byrne, 1905; fr. Eleanor Hull's *Poem Book of the Gael*, 1912, alt.
Music: Trad. Irish Melody; adapt. from *The Church Hymnary*, 1927.

Kyrie

Kyrie, eleison.

Christe, eleison.

Kyrie, eleison.

First Reading
Exodus 17:3-7

In those days, in their thirst for water, the people grumbled against Moses, saying, “Why did you ever make us leave Egypt? Was it just to have us die here of thirst with our children and our livestock?”

So Moses cried out to the LORD, “What shall I do with these people? a little more and they will stone me!”

The LORD answered Moses, “Go over there in front of the people, along with some of the elders of Israel, holding in your hand, as you go, the staff with which you struck the river. I will be standing there in front of you on the rock in Horeb. Strike the rock, and the water will flow from it for the people to drink.”

This Moses did, in the presence of the elders of Israel. The place was called Massah and Meribah, because the Israelites quarreled there and tested the LORD, saying, “Is the LORD in our midst or not?”

The Word of the Lord. **Thanks be to God.**

Responsorial Psalm

THIRD SUNDAY OF LENT

March 8

Responsorial Psalm: Psalm 95:1-2, 6-7, 8-9 (28)

Ben Walther

RESPONSE (♩ = ca. 82)

Capo 3: (Bm) (D) (Gmaj7) (D/F#) (Em7) (D/F#) (G) (D)
 Dm F Bbmaj7 F/A Gm7 F/A Bb F (☺)

Melody

If to-day you hear his voice, hard-en not your hearts.

Tenor (*svb*)

Alto Harmony

VERSES

(G/D) (D) (A) (G) (D/F#)
 Bb/F F C Bb F/A

1. Come, let us sing joyfully to the LORD; let us ac -
 2. (-----) Come, let us bow down in worship; let us
 3. Oh, that to - day you would hear his voice: "Harden not your

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(A) C (G) B \flat (D/F \sharp) F/A (A) C

1. claim the Rock of our sal - vation. Let us come into his pres - ence with thanks -
 2. kneel before the LORD who made us. For he is our God, and we are the
 3. hearts as at Meribah, as in the day of Mas - sah in the

(Bm) Dm (G) B \flat (D/F \sharp) F/A

1. giv - ing; let us (-----)
 2. peo - ple he (-----)
 3. des - ert, where your fathers tempted me; they

(Em7) Gm7 (A sus4) C sus4 (A) C
 (a tempo) (a tempo) D.C.

1. joyfully sing psalms to him.
 2. shepherds, the flock he guides.
 3. tested me though they had seen my works." D.C.

Second Reading
Romans 5:1-2, 5-8

Brothers and sisters:

Since we have been justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith to this grace in which we stand, and we boast in hope of the glory of God.

And hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit who has been given to us.

For Christ, while we were still helpless, died at the appointed time for the ungodly.

Indeed, only with difficulty does one die for a just person, though perhaps for a good person one might even find courage to die.

But God proves his love for us in that while we were still sinners Christ died for us.

The Word of the Lord. **Thanks be to God.**

Gospel Acclamation

MARCH 8

THIRD SUNDAY OF LENT, cont. (3)

Gospel Acclamation: cf. John 4:42, 15

Tom Booth

INTRO (♩. = ca. 56)

Bm A/C# D G D/F# E Esus4 E

ACCLAMATION

Bm A/C# D G D/F# E Esus4 E

Melody
Glo-ry to you, Word of God, Lord Je - sus Christ.

Tenor (8vb)

Alto
Harmony

Bm A/C# D G D/F# E Esus4 E Esus4 E *Fine*

Glo-ry to you, Word of God, Lord Je - sus Christ.

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Music: *Mass of the Desert*; © 2011, 2016, Tom Booth. Published by OCP. All rights reserved.

VERSE

G A D Bm G A D

Lord, you are tru - ly — the Sav - ior of the world;

The first system of the musical score for the verse. It features a vocal line in treble clef with a key signature of one sharp (F#) and a piano accompaniment in grand staff (treble and bass clefs). The vocal line begins with a half note G4, followed by quarter notes A4, D4, and Bm4, then quarter notes G4, A4, and D4, ending with a quarter rest. The piano accompaniment consists of a steady eighth-note pattern in the right hand and a simple bass line in the left hand.

Em Bm Em F#

give me liv - ing wa-ter, — that I may nev - er thirst a - gain. *D.S. al fine*

The second system of the musical score for the verse. The vocal line continues with quarter notes Em4, Bm4, Em4, and F#4, followed by quarter notes G4, A4, and B4, and ends with a quarter rest. The piano accompaniment continues with the same eighth-note pattern in the right hand and bass line in the left hand. The system concludes with the instruction *D.S. al fine*.

Gospel **John 4:5-42**

Jesus came to a town of Samaria called Sychar, near the plot of land that Jacob had given to his son Joseph. Jacob's well was there.

Jesus, tired from his journey, sat down there at the well. It was about noon.

A woman of Samaria came to draw water. Jesus said to her, "Give me a drink." His disciples had gone into the town to buy food.

The Samaritan woman said to him, "How can you, a Jew, ask me, a Samaritan woman, for a drink?" For Jews use nothing in common with Samaritans.

Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water."

The woman said to him, "Sir, you do not even have a bucket and the cistern is deep; where then can you get this living water? Are you greater than our father Jacob, who gave us this cistern and drank from it himself with his children and his flocks?"

Jesus answered and said to her, "Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life."

The woman said to him, "Sir, give me this water, so that I may not be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go call your husband and come back."

The woman answered and said to him, "I do not have a husband."

Jesus answered her, "You are right in saying, 'I do not have a husband.' For you have had five husbands, and the one you have now is not your husband. What you have said is true."

The woman said to him, "Sir, I can see that you are a prophet.

Our ancestors worshiped on this mountain; but you people say that the place to worship is in Jerusalem."

Jesus said to her, "Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem.

You people worship what you do not understand; we worship what we understand, because salvation is from the Jews. But the hour is coming, and is now here, when true worshipers will worship the Father in Spirit and truth; and indeed the Father seeks such people to worship him. God is Spirit, and those who worship him must worship in Spirit and truth."

Gospel - (Cont'd)

The woman said to him, "I know that the Messiah is coming, the one called the Christ; when he comes, he will tell us everything."
Jesus said to her, "I am he, the one speaking with you."

At that moment his disciples returned, and were amazed that he was talking with a woman, but still no one said, "What are you looking for?" or "Why are you talking with her?"

The woman left her water jar and went into the town and said to the people, "Come see a man who told me everything I have done. Could he possibly be the Christ?" They went out of the town and came to him. Meanwhile, the disciples urged him, "Rabbi, eat."
But he said to them, "I have food to eat of which you do not know."
So the disciples said to one another, "Could someone have brought him something to eat?"

Jesus said to them, "My food is to do the will of the one who sent me and to finish his work. Do you not say, 'In four months the harvest will be here'? I tell you, look up and see the fields ripe for the harvest. The reaper is already receiving payment and gathering crops for eternal life, so that the sower and reaper can rejoice together. For here the saying is verified that 'One sows and another reaps.' I sent you to reap what you have not worked for; others have done the work, and you are sharing the fruits of their work."

Many of the Samaritans of that town began to believe in him because of the word of the woman who testified, "He told me everything I have done."

When the Samaritans came to him, they invited him to stay with them; and he stayed there two days. Many more began to believe in him because of his word, and they said to the woman, "We no longer believe because of your word; for we have heard for ourselves, and we know that this is truly the savior of the world."

The Gospel of the Lord. **Praise to you, Lord Jesus Christ.**

The Apostles' Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.

Amen

Preparation of the Gifts

My Life In You

by Arnold Zamora

Where can I run and hide from you
or can I ever do?
When everywhere, I know you're there
Anywhere, you'll find me.
Where could I go to flee from you
or could I ever do?
When your hands keep holding me,
Guiding me around me.

Refrain:

God I know that you are there,
you know who I am and all I do.
God you see me through and through,
Take my hand, I trust in you. I put my life in you.

You know me when I sit or stand, my life is in your hand.
You read my thoughts from far away
in everything you know me.
You know me in my darkness hour,
you give me strength and power.
You are there beside me, watching me for always.

For all the wonders that you gave me,
for all the marvels that you do.
For all of these I like to thank you and praise you.

HOLY

Mass of St. Mary Magdalene
Sarah Hart

Ho - ly, Ho - ly, Ho - ly Lord God of hosts.
Heav - en and earth are full of your glo - ry.
Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord.

The musical score for 'HOLY' is written in treble clef with a key signature of one flat (Bb) and a 3/4 time signature. It consists of four staves of music. The first staff begins with a treble clef, a key signature of one flat, and a 3/4 time signature. The lyrics are: 'Ho - ly, Ho - ly, Ho - ly Lord God of hosts.' The second staff continues the melody with lyrics: 'Heav - en and earth are full of your glo - ry.' The third staff begins with a repeat sign and has lyrics: 'Ho - san - na in the high - est.' The fourth staff concludes the piece with lyrics: 'Bless - ed is he who comes in the name of the Lord.'

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SAVE US, SAVIOR

Mass of St. Mary Magdalene
Sarah Hart

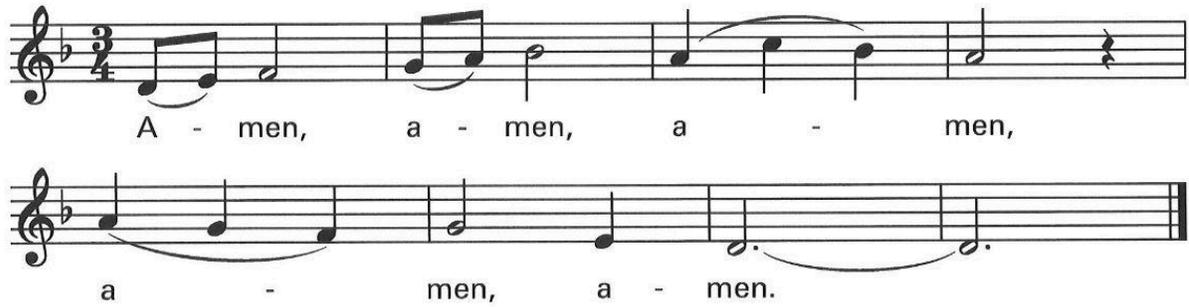
Save us, Sav-ior of the world, for by your Cross and Res - ur -
rec - tion you have set us free.

The musical score for 'SAVE US, SAVIOR' is written in treble clef with a key signature of one flat (Bb) and a 4/4 time signature. It consists of two staves of music. The first staff begins with a treble clef, a key signature of one flat, and a 4/4 time signature. The lyrics are: 'Save us, Sav-ior of the world, for by your Cross and Res - ur -'. The second staff continues the melody with lyrics: 'rec - tion you have set us free.'

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AMEN

Mass of St. Mary Magdalene
Sarah Hart



A - men, a - men, a - men,
a - men, a - men.

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LAMB OF GOD

Mass of St. Mary Magdalene
Sarah Hart



Lamb of God, you take a-way the sins of the world, have mer - cy,
mer - cy on us. world, grant us, grant us peace.

1, 2

Final

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Communion

MIRACLE OF GRACE

Bread of Life

Curtis Stephan

Verses



1. γ Mir - a - cle of grace, γ γ mys - ter - y of faith,
2. Un - wor - thy though we are, γ you feed the hun - gry heart
3. Your faith - ful - ness re - vealed in this cov - e - nant you've sealed



1. γ call - ing us to ven - ture to the deep. γ
2. with bread come down from heav - en a - bove. And
3. γ with your ver - y bod - y and your blood. Come,



1. Though our sens - es fail, your grac - es still pre - vail, and
2. like a grain of wheat, we fall down at your feet, γ
3. claim your bride a - gain with love that can - not end, for



1. we be - come the love that we re - ceive.
2. dy - ing here with you. Oh, let us rise!
3. what God joins no one can di - vide.

Refrain



Bread of life, bread of life. Those who eat this bread shall live

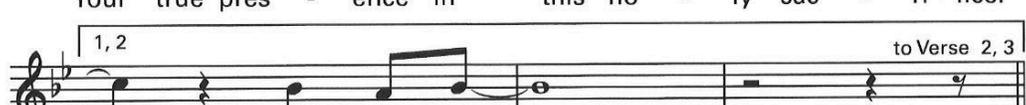


and nev - er die. Bread of life, bread of life.



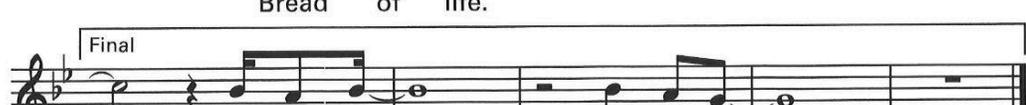
Your true pres - ence in this ho - ly sac - ri - fice.

1, 2 to Verse 2, 3



Bread of life.

Final

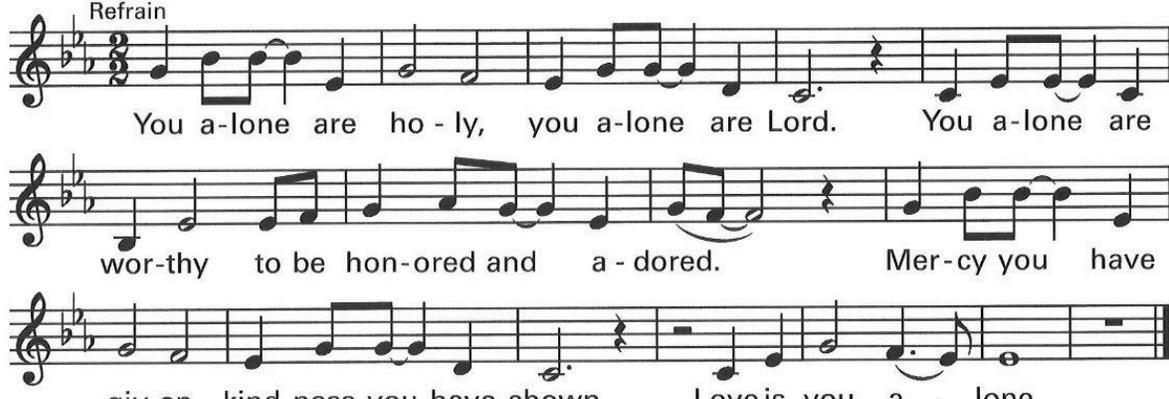


Bread of life, bread of life.

YOU ALONE

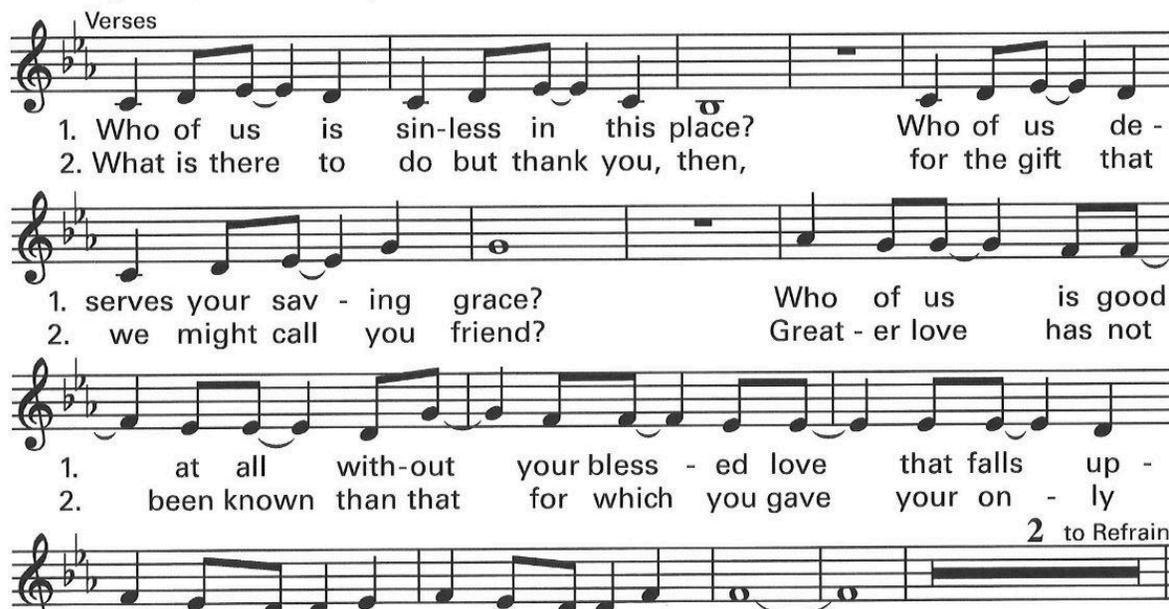
Sarah Hart and Dwight Liles

Refrain



You a-lone are ho - ly, you a-lone are Lord. You a-lone are
wor-thy to be hon-ored and a - dored. Mer-cy you have
giv-en, kind-ness you have shown. Love is you a - lone.

Verses



1. Who of us is sin-less in this place? Who of us de -
2. What is there to do but thank you, then, for the gift that
1. serves your sav - ing grace? Who of us is good
2. we might call you friend? Great - er love has not
1. at all with-out your bless - ed love that falls up -
2. been known than that for which you gave your on - ly
2 to Refrain
1. on our hearts to heal our bro - ken - ness?
2. son, that you might see us, pure and blessed.

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Spiritual Communion Prayer

*My Jesus,
I believe that You are present
in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You.
Amen.*



The parish continues to minister and provide outreach to those of our community who are in need. Thank you for your continued financial support. You can drop your check or envelope to the parish center or donate via the link below.

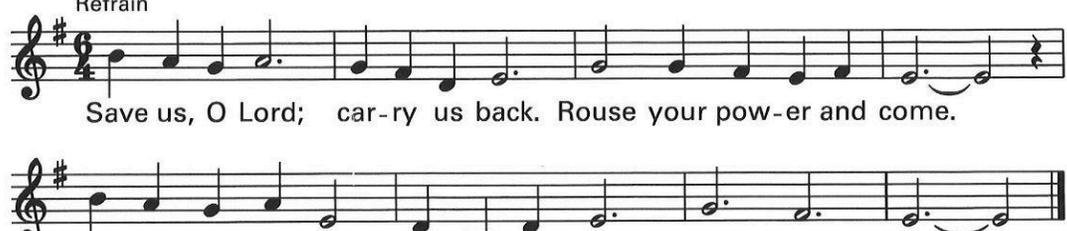
Weekly E-Giving Donations: <https://lfbhnj.churchgiving.com>

Recessional

SAVE US, O LORD

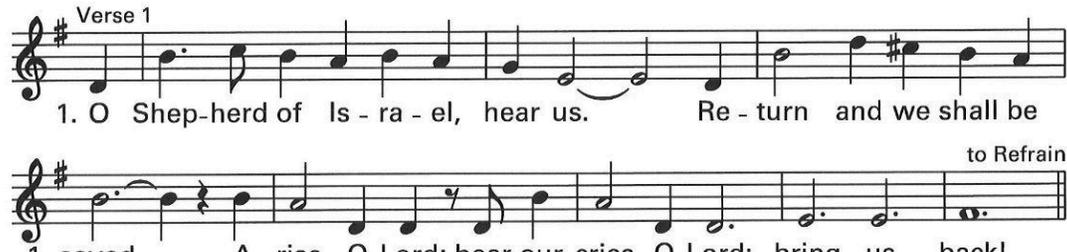
Bob Dufford, SJ

Refrain



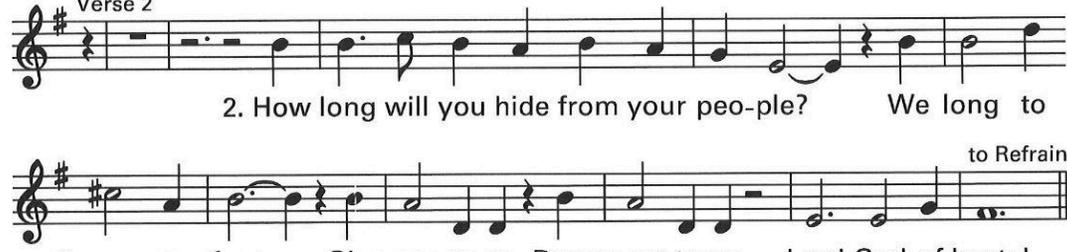
Save us, O Lord; car-ry us back. Rouse your pow-er and come.
Res-cue your peo-ple; show us your face. Bring us back.

Verse 1



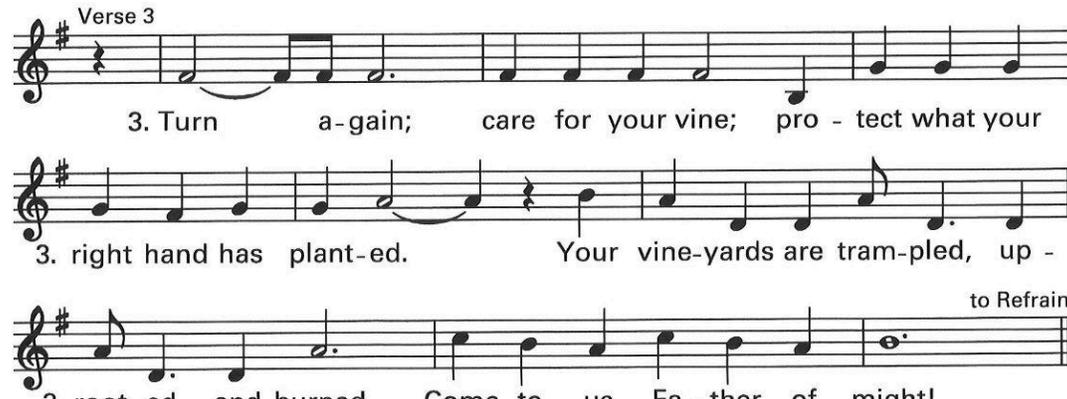
1. O Shep-herd of Is - ra - el, hear us. Re - turn and we shall be
1. saved. A - rise, O Lord; hear our cries, O Lord: bring us back!

Verse 2



2. How long will you hide from your peo-ple? We long to
2. see your face. Give ear to us. Draw near to us, Lord God of hosts!

Verse 3



3. Turn a-gain; care for your vine; pro - tect what your
3. right hand has plant-ed. Your vine-yards are tram-pled, up -
3. root-ed, and burned. Come to us, Fa - ther of might!

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