



My dear Little Flower,

We are coming to the end of our summer spiritual pilgrimage, Consoling the Heart of Jesus. Every Thursday morning, after the 9AM daily, several of our parishioners meet to learn more about God's mercy and share stories of how God has touched, and continued to heal them, in life. It is a powerful experience to be able to share witness to the change and transformation we experience, when we allow ourselves to share our faith.

In today's gospel, we are reassured that the mercy of God is not for a select few. The Canaanite woman was granted her request that her daughter be healed. She had faith, and that was what moved Jesus to compassion. Not her race or qualifications, it was rather her faith in God.

I pray that in your heart we continue to seek and to be transformed by our friendship and relationship with Jesus. Our healing continues in our relationship with him.

Your parish priest,

Fr JC Merino





Catechism of the Catholic Church

The Assumption of the
Blessed Virgin Mary
The Catechism of the
Catholic Church (CCC 974)



The Catechism teaches, “The Most Blessed Virgin Mary, when the course of her earthly life was completed, was taken up body and soul into the glory of heaven where she already shares in the glory of her Son’s Resurrection, anticipating the resurrection of all members of his Body”.

Events and Visions (promises). In our spiritual pilgrimage and prayer life, the Holy Spirit gives the believers events to encounter the presence and the power of God, and gives us visions as promises to give us hope for what is to come. We learn the story of the Visitation of our Lady to St Elizabeth in the gospel according to Luke, for example. St. Elizabeth exclaims with these words: How does this happen to me, that the mother of my Lord should come to me? An event, the joy-filled visitation and encounter of relatives; a vision, that the mother and the Lord would visit to save His people!

In our pilgrimage, we are nourished by these two mysteries in our spiritual life: events and visions (promise). The dogma, celebration and liturgical prayer of the Solemnity of the Assumption are all these things - it is an event that happened in history: Mary was taken up to heaven, both body and soul. For what? To grant each believer a promise and a sure vision of what is to come to each one of us at the end of our journey.

What are the events that the Holy Spirit grants you in life? How do you live out your life to act positively and according to the promises and visions with which God blesses you?